

Running A Business Can Be Child's Play

Before we have children, our focus is on our careers and ourselves without worrying too much about our lifestyles. But once children come along, we are 100% responsible for them and our priorities completely change.

When it comes to making the decision to stay at home or return to work, there could be an element of guilt with whichever decision we make – go out to work and we miss seeing our children; stay at home and we don't keep our skills up to date.

One thing that you can consider is running your own home based business to fit around your family commitments. This is a perfect solution for a lot of mums who want the best of both worlds without feeling guilty!

I am mum to 3 year old daughter Megan and have been running my own business as a Virtual Assistant (www.ckpa.co.uk) for over 4 years and absolutely loves it.

I set up my business just before I was pregnant but once my daughter came along, I realised it was the perfect solution for me as I fit running my business around her. My daughter goes to nursery for 2 days a week to socialise her with other children and then I work when she naps (she still has up to 2 hours in the afternoon at the moment) or is in bed for the night on the other days.

Running my own business means I spend quality time with my daughter as I see her develop every day, but it also means I utilise the skills I spent over 10 years developing so they don't go to waste and I am keeping up with technology.

I regularly get enquiries from other mums asking about starting their own Virtual Assistant business as people are realising the huge potential available. The Virtual Assistant industry is such a supportive community of supportive people and there are a large number of mums running their business to fit around their family.

About the Author

Emma Walker is the owner of [CKPA Office Solutions](http://www.ckpa.co.uk), a UK based Virtual Assistant and Online Business Manager company.

She is also Co-Founder of [VA Success Group](http://vasuccessgroup.co.uk), a company devoted to helping Virtual Assistants build and grow successful VA businesses. If you'd like to receive invaluable tips and advice on creating your perfect VA business, visit <http://vasuccessgroup.co.uk/virtual-assistant-freebies/>